



Housing Tidbits

August 2014



SENIOR SITES



OFFICE CLOSED
August 15 - Summer Bash
(rain date August 22)



CONGRATULATIONS TO MS. SHARON PRESSLEY, WHA TENANT OF THE QUARTER JUNE 2014! WELL DESERVED. YOU ARE GREATLY APPRECIATED!

SOCIAL SECURITY ADMINISTRATION
Beginning August 2014, SSA will no longer issue Social Security number printouts in our field offices. Individuals who need proof of their Social Security number, and cannot find their card, will need to apply for a replacement card. In addition, beginning October 2014, SSA field offices will stop providing benefit verification letters, except in emergency situations. Benefit verification are available online, and can be obtained anytime by registering for a "my social security account" located at: www.socialsecurty.gov/myaccount, or requested through our national toll-free number: 1 (800) 772-1213.

Laundry Room Reminders
When doing laundry, please do not leave your personal property unattended. WHA is not responsible for lost, stolen or damaged items.

Maintenance Reminders
Please keep in mind that if there are issues with things being broken or not working properly in the buildings, there is no way for Maintenance to know unless you call the work order in. Even if you think someone else may have called it in, please take the time and call it in as well. Thank you! 782-1251

CONGRATULATIONS TO NEW WHA BOARD OF COMMISSIONERS REPS



MICHELLE HOLDER
Senior Sites

JOHN McKNIGHT
Family Sites



Medicare Preventive Services

Prevention and early detection are keys to staying healthy. Taking advantage of Medicare's preventive services can help keep you from getting certain diseases or help you find health problems early, when treatment works best.

With the passage of the Affordable Care Act, many Medicare preventive services are available for free. This means if you have Original Medicare and you see a doctor who participates in Medicare; you can get certain exams, tests and screenings (such as those for diabetes, high cholesterol, and cancer) as well as vaccinations, health monitoring and counseling at no cost to you. Now, if you have a Medicare Advantage plan, that plan must also cover the full cost of these same services as long as you follow the plan's rules. To help you get the most out of Medicare's preventive services, the Affordable Care Act also added a free "Annual Wellness Visit." If you've had Medicare Part B coverage for more than 12 months, you're eligible for this yearly visit to your doctor to update your medical history and current prescriptions, and to measure your height, weight, blood pressure and body mass index. It's also the time for you and your doctor to create and review a personalized screening plan to follow over the next 5 to 10 years. Medicare pays for this visit once every 12 months. In coming years, it's likely more preventive services could be covered in full by Medicare. For example, an obesity screening became available in 2012.

**To learn more about Medicare Preventive Services call Matt at the Jefferson County Office for the Aging at 315-785-3191.
Medicare Open Enrollment October 15-December 7**

OCCUPANCY

Midtown & Meadowbrook

Ellen Burns Ext. 221

East Hills & Leray

Christine Wells Ext. 227

Maywood, Hilltop, & Skyline

Tina Buzzell Ext. 232

Occupancy Supervisor

Shawn VanBrocklin Ext. 226

Leasing Enforcement

Vilmarie Rivera Garcia ext 224

Tenant Relations Coordinator

Rena Tumbleson Ext. 230

DIABETES ACADEMY

August 6 ~ Midtown 1:30 pm

~ Hilltop 3:30 pm

August 15 ~ Leray 1:30 pm

~ Skyline 10:00 am

Learn more about managing diabetes & staying healthy.



VETERANS CORNER

By: Peter J. Fazio, Director Office for the Aging



There are few subjects more complicated than health care. Here is some information that may help clarify the Veterans Health Care Program.

Keep in mind:

1. Many, not necessarily all, veterans are eligible to enroll.
2. It is not insurance, the VA actually provides treatment.
3. All health issues can be treated, NOT just "rated" or combat injuries.
4. Some veterans will receive no cost care; others may have to pay a doctor and medication co-pay.
5. You can have/keep doctors outside of the VA AND be treated by VA providers
6. The VA primarily treats veterans, not their dependents.
7. An application form must be submitted to the VA to determine if the veteran is eligible.

If you have questions about VA Health Care, or would like assistance to apply, please call the Veteran's Service Agency at 315-785-3086.