



Housing Tidbits

MAY 2011

Watertown Housing Authority 782-1251

Maintenance

East Hills

Mike Compo
Wayne Castor

Maywood

Chuck Guill
Mark Mynch

Skyline

Dave Dietterich

Hilltop

Stacey Schafer

Midtown

Ray Hardy
Henry Becoat

LeRay

Dave Thomson

Meadowbrook

Bob Augustus
Steve Carlo

Occupancy Clerks

East Hills

Lori Nevers ex.222

LeRay &

Meadowbrook

Ellen Morley ex. 221

Maywood & Hilltop

Christine Wells ex. 227

Midtown & Skyline

Tina Buzzell ex. 232

Memorial Day was officially proclaimed on May 5, 1868 by General John Logan, national commander of the Grand Army of the Republic, in his General Order No. 11, and was first observed on May 30, 1868, when flowers were placed on the graves of Union and Confederate soldiers at Arlington National Cemetery. The first state to officially recognize the holiday was New York in 1873. By 1890 it was recognized by all of the northern states. The South refused to acknowledge the day, honoring their dead on separate days until after World War I (when the holiday changed from honoring just those who died fighting in the Civil War to honoring Americans who died fighting in any war). It is now celebrated in almost every State on the last Monday in May (passed by Congress with the National Holiday Act of 1971 (P.L. 90 - 363) to ensure a three day weekend for Federal holidays), though several southern states have an additional separate day for honoring the Confederate war dead: January 19 in Texas, April 26 in Alabama, Florida, Georgia, and Mississippi; May 10 in South Carolina; and June 3 Jefferson Davis' birthday) in Louisiana and Tennessee. In 1915, inspired by the poem "In Flanders Fields," Moina Michael then conceived of an idea to wear red poppies on Memorial day in honor of those who died serving the nation during war. She was the first to wear one, and sold poppies to her friends and co-workers with the money going to benefit servicemen in need.

'Tenant of the Quarter'!

The deadline for submitting nominees for the second quarter is June 28th. *Hurry and send those nominees in!*

Congrats to Carol Shepherd - Tenant of the Quarter - First Qtr.! 2011

WHA Has A New Website!

Watertown Housing Authority is proud to announce the launching of their new website! The new website has many new features including updated links to important news and information concerning HUD, community calendar schedule for each site, as well as photos of what is going on in your community. To stay abreast of new information and current information from the Watertown Housing Authority. Please visit the new website at www.whany.org.



Break A Sweat Program!



The Northern New York Rural Health Care Alliance and the Watertown Red and Black have teamed up to offer the Break a Sweat Program. On July 23, 2011 from 10 AM to 2 PM at the Watertown Fairgrounds Arena. This program is designed with the whole family in mind to help combat childhood obesity and educate about preventable health

problems and how to combat and assist those with concerns. There will be free blood pressure screenings as well as activities for adults and children including karate workouts, football, and exercise demonstrations. This is a great way to get out, get active, and get healthy.

For more information, call Stephanie Karelus at 315-782-1251 ext. 223.



Caregivers of Northern New York LLC

Caregivers of Northern New York LLC provide quality home care for those in need. Their services are designed for those individuals who require or desire assistance with daily tasks of living. This includes: Home Care, Companionship, Grocery Shopping, Personal Care, Transportation Services, Errand Services, In-Home meal

preparation, and Housekeeping. If you are interested in their services, please contact Dorothy F. Jordan for a free evaluation and consultation at 315-955-5510.



**Stephanie Karelus,
Tenant Relations
Coordinator
Phone:
315-782-1251 ext. 223.
Email:
skarelus@whany.org**

Administrative Office Hours
Monday - Friday
8:00 a.m. to 3:00 p.m.

Watertown Housing Authority
142 Mechanic Street
Watertown, NY 13601
(315) 782-1251
www.whany.org



Congratulations to Donna Coyer, winner of the Jellybean count and Liz Wilder, winner of the Easter Basket Raffle at Midtown



Dumpsters on site are for the Tenant's Personal Use ONLY!



Violations will be addressed.

Please do your part to clean up after your pet. We all want our homes to look beautiful. Please be responsible for your pet and their waste.

Tenant Association Council (TAC)
TAC President
John McKnight
315-771-9097

Midtown Towers
President
Jeph Smith
315-767-7556
Skyline Apts.
President
Carol LaValley
315-286-8373

Maywood Terrace
President
Danielle Money
315-405-4315
LeRay Apts.
President
Jeff Freeman
315-788-9622
EastBrook*
John McKnight
TAC President
315-771-9097
Hilltop Towers*
John McKnight
TAC President
315-771-9097

* Elections to be held
May 2011

Leray Rummage Sale
May 6, 2011: 9AM—4PM
May 7, 2011: 9AM—1PM

John McKnight (TAC President) will be in his office at Eastbrook Community Room on Monday, Wednesday, and Friday from 1 PM - 4 PM.

If you are a member of public housing you could be eligible for a free cell phone from Safelink wireless or Assurance Wireless. For more information go online to www.safelinkwireless.com, or assurancewireless.com.

Angel Food

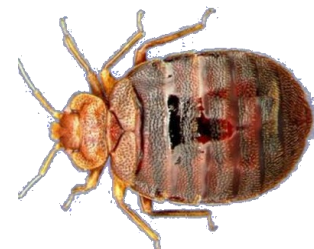


Angel Food Ministries is a non-profit, non-denominational organization dedicated to providing food relief and financial support to communities throughout the United States. There are no qualifications, minimums, income restrictions, or applications. Everyone is encouraged to participate. Some churches even

encourage participants to apply the money they saved to help someone else in need. In this month's Menu, a family of 4 can eat for a week for \$31! To learn more, visit www.AngelFoodMinistries.com, call Carol McDonald at 785-8602 or First Baptist Church in Watertown at 315-782-1051

Bed Bug Prevention

We all don't like unwanted guests in our home. Bed bugs can be one of those unwanted dwellers. They can lurk in old mattresses, clothing, and other cloth fiber materials from previous infestations. Bed bugs can lay between one and five eggs per day with an incubation period of 10 days. Good sanitation and hygiene habits will help prevent the infestation of bed bugs and keep your home safe from these pesky unwanted intruders. Please notify the WHA if you suspect any infestations.



Summer Feed Program

Feeding children during the summer months not only helps parents stretch their buying power, it gives children a chance to enjoy nutritious food as well as good times with their friends at a sight right in their own neighborhood. CAPC furnished 2,095 breakfasts, 10,558 lunches, and 4,997 snacks to local children during the months of July and August at 14 Jefferson County sites last year. WHA participates in this pro-

gram each year at Meadowbrook, East Hills, and Maywood. We are currently seeking volunteers to coordinate the summer feed program at the Maywood site. Without your help we cannot get kids the much needed food and nutrition they need. If you are interested in becoming a volunteer for this program, please contact Stephanie Karelus at 315-782-1251 ext. 223.

Recipe's



The Tenant Association Council's major fundraiser for this year will be a cookbook. Any tenant who would like to submit a recipe(s) for the cookbook may give it to their Tenant Association, drop off at the WHA office, or drop off at 1722E Burns Avenue. The deadline for recipes for the cookbooks is May 30, 2011. If you have any questions please contact your Tenant Association President.

Conserve Energy



Everyone wants to save money with costs increasing. Here are a few quick tips to help save money and energy today. 1. Use compact fluorescent light bulbs with the ENERGY STAR label. They use 75% less energy than standard lighting. 2. Turn off your computer and monitor when not in use. 3. Plug home electronics such as TV's and DVD players into power strips and turn the power strips off when not in use. (TV's and DVD's in standby mode that are still plugged in use several watts of power). 4. Take short showers instead of baths. 5. Drive sensibly. Aggressive driving and speeding wastes gasoline. 5. Check the air filters in your vehicle, this can reduce gas mileage substantially. 6. Turn off lights and appliances when you are not using them. Even for a short period of time. We can all do our part to keep costs down and lower our usage of energy. Doing so will waste less and contribute to a healthier environment and safer world in the future.

Congregate Meals offered at Skyline and Midtown 5 days a week, from 11:30 AM to 12 PM sponsored by Office of the Aging. For more information please contact your Tenant Association president.